

# SCOTT GRESS

LEADERSHIP TRAINING, CONSULTING & COACHING



# COACHING TO LEAD HEALTHY CHANGE

**A seven session coaching package  
for those who desire to lead  
healthy change**

## WHAT'S INCLUDED:

- *Seven one hour confidential, customized coaching sessions*
- *Unlimited email support*
- *Emergency 10 minute phone calls between sessions*
- *10% reduced rate for the first 5 new clients*

## WHAT'S COVERED

- *Understanding resistance*
- *Team requirements for leading change*
- *Understanding transitions and change anxieties*
- *Change tools & strategies and how to use them*
- *Understanding leadership vs management in a change process*

**Contact Scott  
with questions  
and for more  
information**

